

Roots, Food and

Culture Route



Itinerary name	Roots, Food and Culture
	Route in Guilhabreu
Promoter	Town Hall of Vila do
Entities/	Conde, Parish Council of
Partnerships	Guilhabreu e Villae
	Piloto- Country House
Itinerary Type	Circular/ Small route
Location	Guilhabreu
Area field	Historical-Cultural/
	Religious/
Length	3 km
Duration	4 hours (Lunch break
	and snack)
Ground type	Asphalt/Parallel
Difficulty	Low
Maximum	100 MT
Altitude	
Price	40€ (route and lunch)

Guilhabreu – Noble and Friendly Land

Guilhabreu is a traditionally blazonry land with farms and manor-houses that belonged to the most distinguished nobles from the Kingdom.

Gonçalo Mendes da Maia known as "O Lidador" who was here born was our first king D. Afonso Henriques' arms partner. However besides this national hero Guilhabreu has the privilege of hosting poets, painters, warriors and renowned missionaries who dignify this council.

Main Scenic Spots

The main attractions of this route are manorhouses, farms, chapels, transepts, shrines and houses from famous people that enrich and give identity to the council.

Route description

The route starts from the Country House at 9h30 a.m. to the west in order to admire the big farm of "Santa Marta" that belonged to Dr. Albino Borges de Pinho, a prestigious lawyer in Lisbon.

Afterwards you will see the magnificent small palace that was from the doctor Albino Dias who also was the president of the Town Hall of Vila do Conde.

The route directs to the Square of Freixo where you can look at the remains of the manor-house from the ancient Farm of Freixo. Francisco Diogo de Sousa Cirne, the owner of this farm in 1858 was also the property owner of the small palace "Poço das Patas" in Porto.

This farm was one of the grandiose farms of the region "Between Douro and Minho". It had a blazon and a chapel honouring our Lady of Nativity and then "Misericórdia".



Next to the square of Freixo you'll admire the beautiful and noble House of Calçada where in the northern side there is the ancient House of Bota. The frontispiece wall of the house has got a little shrine honouring the Souls from Purgatory, built in the eighteenth century.



We'll go on towards the east to get to know the house from the painter Júlio Ramos. He was born in Porto in 1868, illegitimate child of David Ramos from Guilhabreu.

He took his degree in Fine Arts in Porto and studied between 1891 and 1897 in the Paris School of Fine Arts.

The painter-poet chose this village as a kind of muse to his artistic creation where he could rest from the city noise, enjoy the peace of the village and the friendliness of the people that inspired him to draw many paintings about the life of the countryside.



Afterwards you can have a short break to recover in the centenary grocery "Pantalieira" where you can taste and get a great variety of local products: cheese, smoked ham, "cooked sausages", sweets, wine and so on.

Then you will get to know the house where the cobbler and poet Alberto Castro lived and hear about his life and some of his poems.

"Full of grace are your horizons/ From the hills I see the seaside/ You have the beauty and infinite elegance/ Oh blessed land of "Mendes da Maia".

Then there's a lunch break in a local regional restaurant.

After lunch you'll walk in the direction of the hill where the cosy Chapel of "S. Lázaro" built in 1667 stands. It is a light and beautiful small chapel with a veranda. In front of the veranda stands a solid cross made of local granite that is supported by a quadrangular base with four steps.

From the peak of the Hill of "S. Lázaro" you can still gaze out the vast landscape of the countryside ending in the sea.



You will go back to the country house walking towards the south.

Route regulation:

- Follow only the signed treks;
- Avoid noise and attitude that disturb the local peace;
- Watch the fauna with binoculars from a long-distance.
- -Respect the private propriety;
- Preserve the nature, don't collect plants, animal or rocks;
- Always use comfortable and light shoes and clothes.

The activity will take place only with a minimum number of 4 participants.

This memorable tour will be lead by

This memorable tour will be lead by enthusiastic, experiment and fluent in several languages guides.

